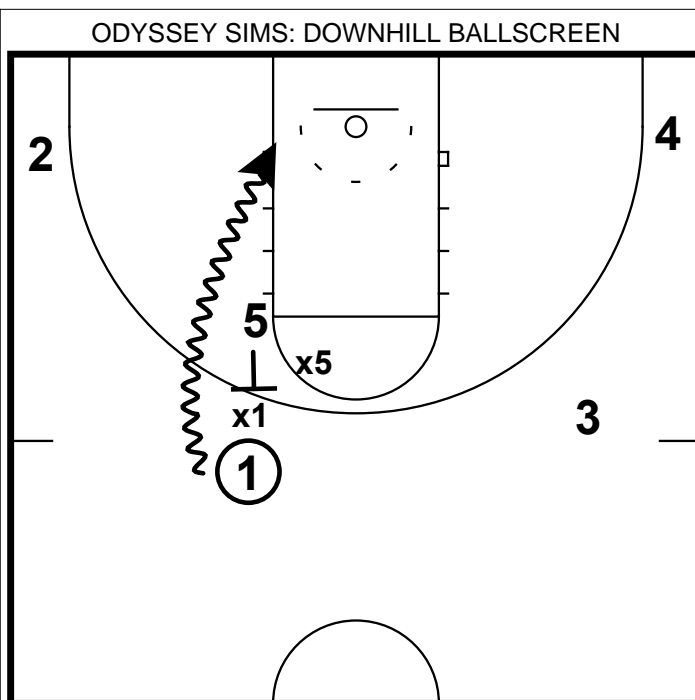
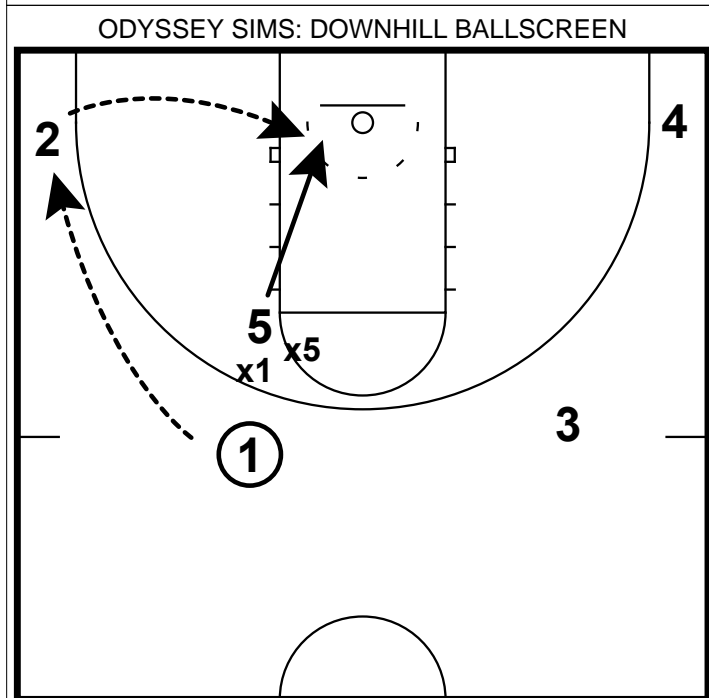


- 1) Odyssey Sims is the best point guard in women's basketball this year. Her combination of strength, speed and quickness make her a tough match-up with the ball in her hands.
- 2) Having a variety of ball screen actions is important in your offense. It gives your opponent more to prepare for and also it can exploit their weaknesses if you are clever enough to find them.
- 3) In this set we bring the ball side post up from the block to set a side ball screen, while the other post is setting a down screen.



- 1) In this frame we see that the defense has "ICED" the screen. x1 has jumped on top of the screen.
- 2) We now see a counter for this type of defense. 5 will change the angle of the screen and 1 can get down hill to the bucket.
- 3) **Coaching Point:** Skill development is important right here. Drill the read. The point guard will need to create space with a back dribble or a quick spin away from pressure to utilize the screen.



- 1) Another read for this hard-hedge defense is to throw the ball back to the corner.
- 2) Notice that x5 has extended his/her presence clear up the court. Making 2 quick passes will get your post player wide open.
- 3) Having a quick pg like Sims creates this type of space when the defense is committed to taking a player like her away.