

SECONDARY BREAK: GRIZZLIES BREAK	SECONDARY BREAK: GRIZZLIES BREAK
<p>1) 4 out break with first post player running to the rim and trailing post at the top of the key</p> <p>2) Point guard pushes the ball side wing to the opposite corner</p> <p>3) Teaching Point: Point guard must keep eyes up and communicate to teammates to ensure proper timing.</p>	<p>1) 5 player steps out of the post and sets a wing ball screen while 4 and 3 set a double screen away.</p> <p>2) 1 uses the ball screen if the defender plays under or if they jump the screen, the point guard go baseline.</p> <p>3) 2 comes hard off the double screens making theirself available for a pressure release pass.</p> <p>4) Teaching Point: Read the defense off of the ball screen. If the defense looks to trap the ball handler, space dribble and look to reverse the ball quickly.</p>