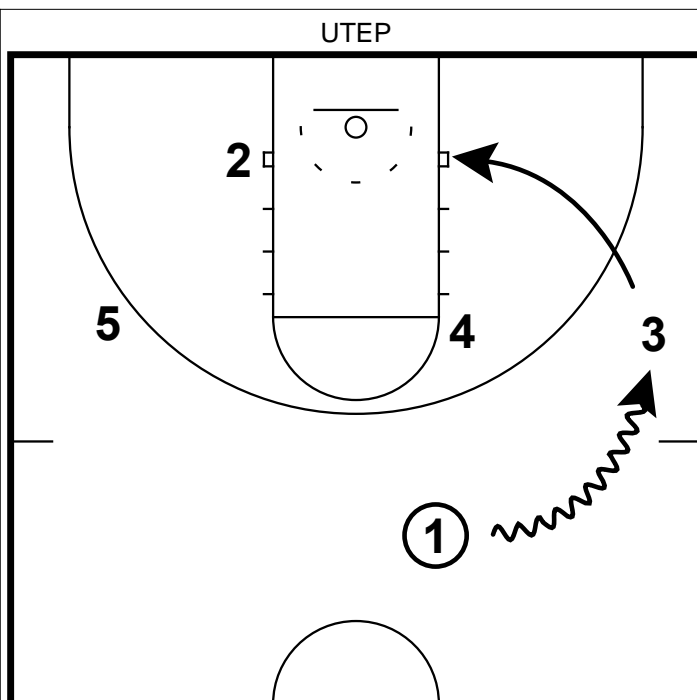
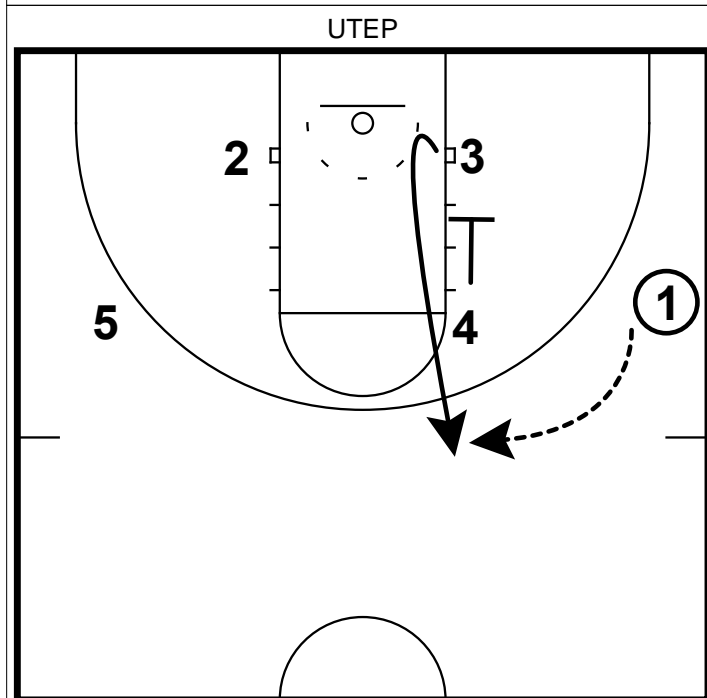


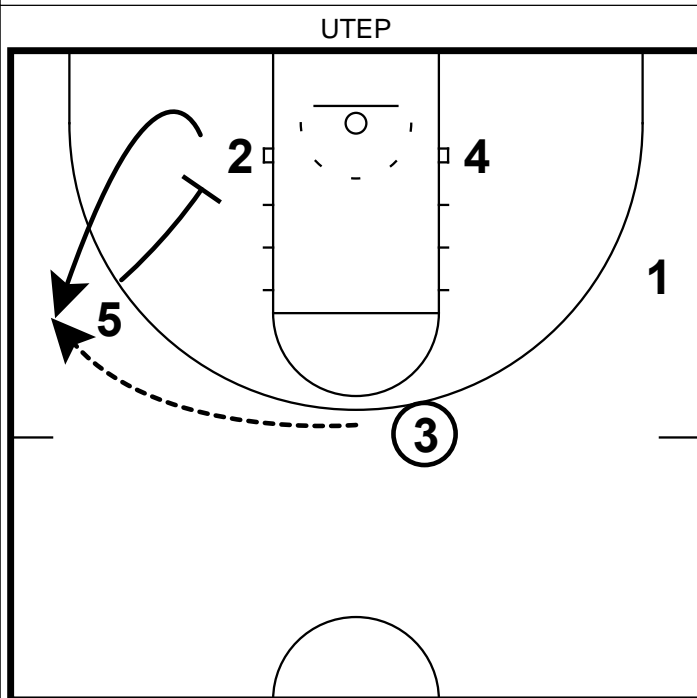
- 1) Unique play formation. You can start out of a 1-4 high look, but 2 will need to get depth in frame 2.
- 2) Best shooter or post feeder starts on the block. Best post finisher starts FT line extended away from the ball. Best athlete starts FT line extended nearest the ball.



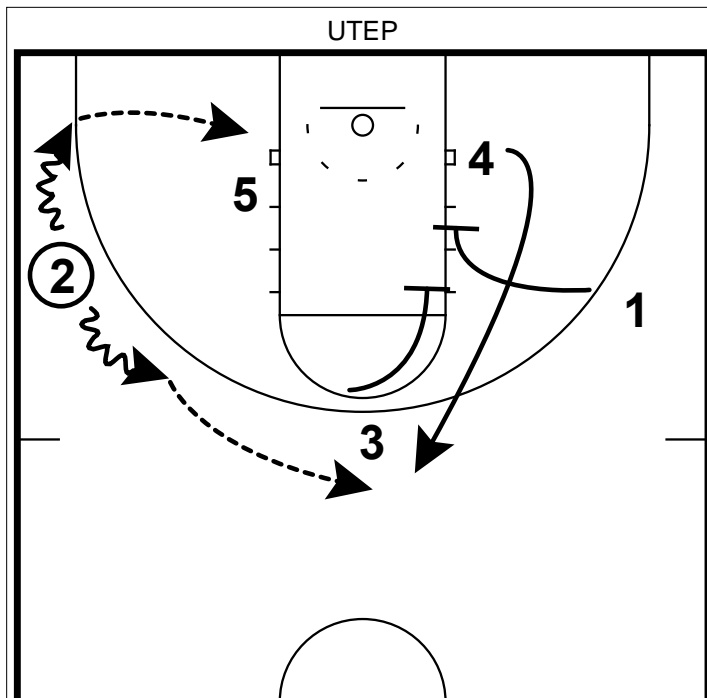
- 1) Point guard dribble the ball free throw line extended while pushing the wing to the ball side block.
- 2) Here is a good time exploit a mismatch situation. If you have a player that can score over a smaller player, this is an way to get a bucket.
- 3) **Coaching Point:** When posting on the block, step in between the defenders feet, spin to create an angle to score, sit create space to catch the ball safely.



- 1) If no mismatch on the block, 4 will come with a pin down screen on the block.
- 2) **Coaching Point:** Read the defense. After you run this play a few times, defenders will begin to anticipate the screen. Either go ball side or look for the screener to be open on the slip.



- 1) 3 now has the ball at the top of the key. If he/she is freed up quickly to shoot, this may be the time to do it.
- 2) If not look to reverse the ball quickly to other side.
- 3) **Coaching Point:** This might be a good time to go 1-4 low in late situations where you want the ball in your best players hands. Just slide 5 to the corner.



1) Depending upon the strength of your team, dictates what to do here. A strong post finisher will have a great to finish at the rim after just setting a screen.

2) On the weakside. 3 and 1 are setting a double stagger screen for 4 on the weakside.

3) **Coaching Point:** Dribble down to feed the post. Too many times players try to feed the post on a straight line from FT line extended. 1 dribble to the baseline will create the proper space.