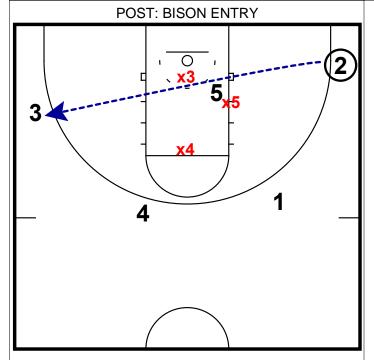


- 1) Here is a simple quick hitter to get the ball into the post for a score.
- **2)** Stack your best post up with a guard who can feed the post. Run him off of pin screen and catch the ball in the corner.
- **3)** Put the other 3 players in the other perimeter spots. Put your best shooter opposite of the post.
- 1) Once the guard catches the ball in the corner, he/she should look to feed the post. The post defender should have played on the high side to protect against the curl.
- 2) Away from the ball, 4 can screen for 3 to occupy the defense. Or...



- 1) Skip the ball to your best shooter if the defense overplays or over helps on the post.
- **2)** If he/she gets his/her feet set it is a good opportunity to get a good look at the arc.