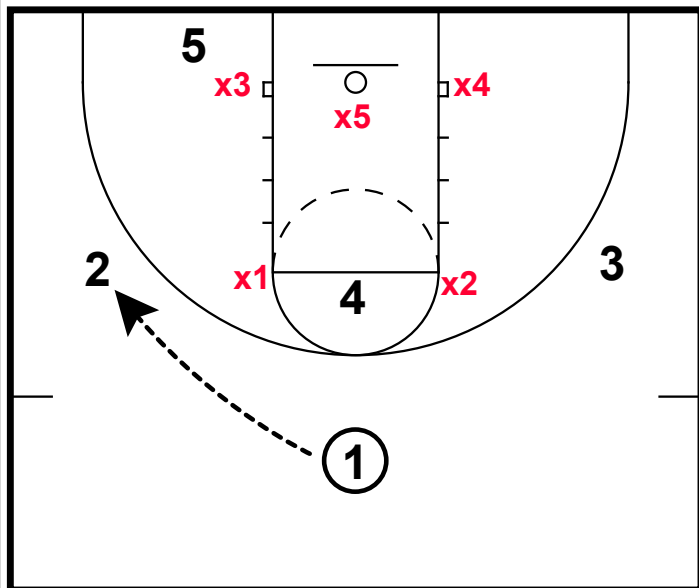
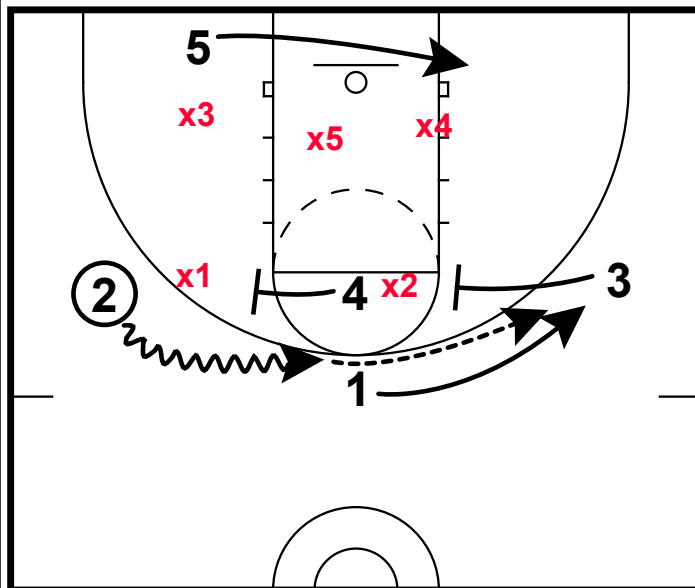


ZONE: BALLSCREEN - FLARE SCREEN



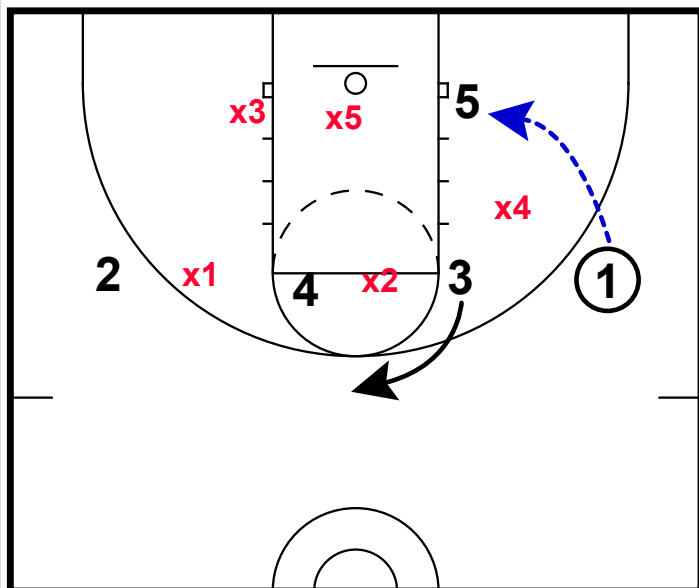
- 1) Out of a 1-3-1 set, this is a quick hitter vs. a zone that will get you either an open 3 or a post feed.
- 2) You can start the 5 man on either side. I like to start the 5 man on the same side as the first pass to create some baseline movement.

ZONE: BALLSCREEN - FLARE SCREEN



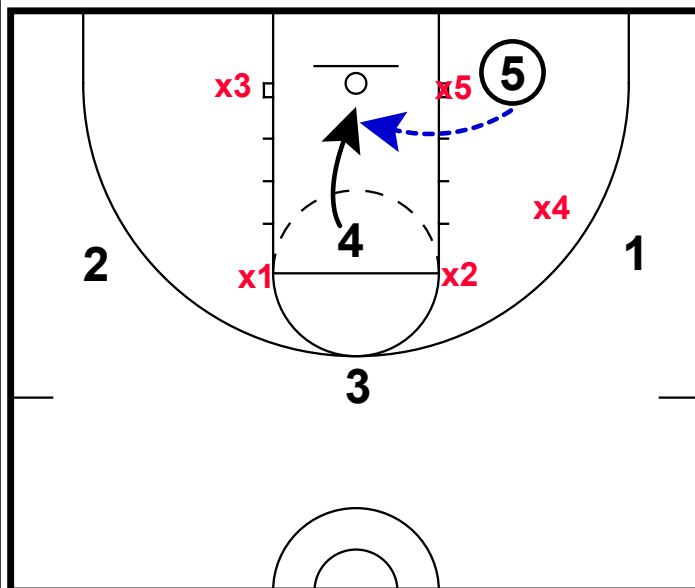
- 1) Here the wing will receive a ball screen from the high post.
- 2) At the very same time, the point guard will receive a flare screen from the opposite wing. If the pg is able to get his/her feet set, this is a great chance for an open 3.
- 3) Along the baseline, the 5 man will move into position.

ZONE: BALLSCREEN - FLARE SCREEN



- 1) However, if x4 does get out to defend the wing to take away the open 3pt shot - this will open up a passing lane to 5 on the block.
- 2) Of course the other option for 3 to pop back out to the top of the key & quickly reverse the ball to the other wing - this would be effective if x2 & x1 have recovered quickly back to the ball side.

ZONE: BALLSCREEN - FLARE SCREEN



- 1) The last frame here illustrates what can happen even if 5 cannot get good position on the block.
- 2) This should pull x5 away from the lane & create an opening in the middle of the floor for the dive from 4.