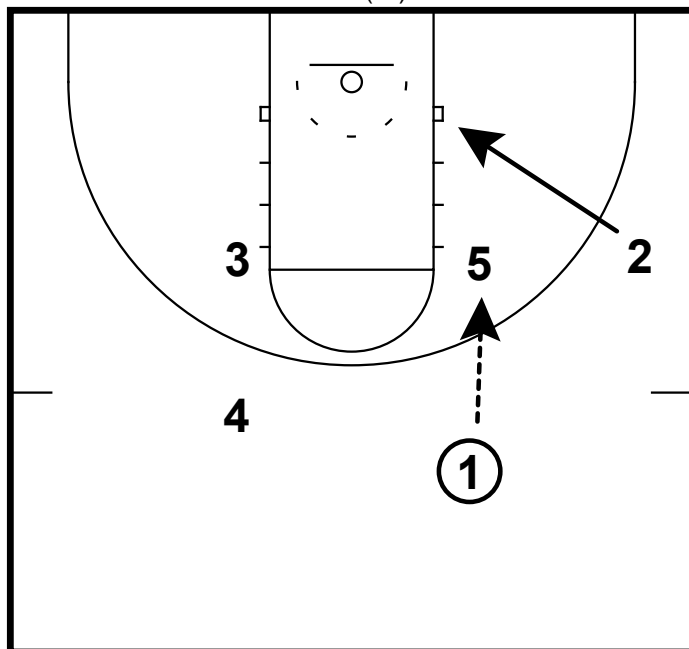
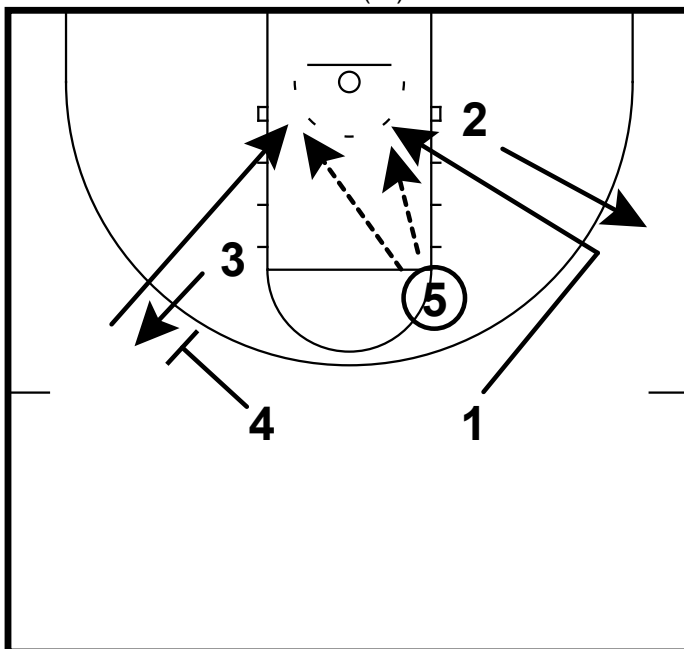


HALF-COURT: MARIST(W) BACKDOOR SET



This is really some great action from the women's team of Marist. This squad might be the best at moving without the basketball and scoring off back cuts better than anyone in the country. In this alignment the 1 passes to the 5 who is posting on the elbow. As that happens the 2 cuts to the low block.

HALF-COURT: MARIST(W) BACKDOOR SET



The 5 will turn and face the goal. As that happens 2 goes back up the right wing and waits on a screen from 1. As 1 goes to screen she will slip right to the rim. On the left side 4 will go screen for 3. When the defense jumps the screen the 3 will back cut to the rim for a lay up. The positioning of the cuts are important. You wanna cut high enough so you are above the block for the proper angle to finish at the rim.