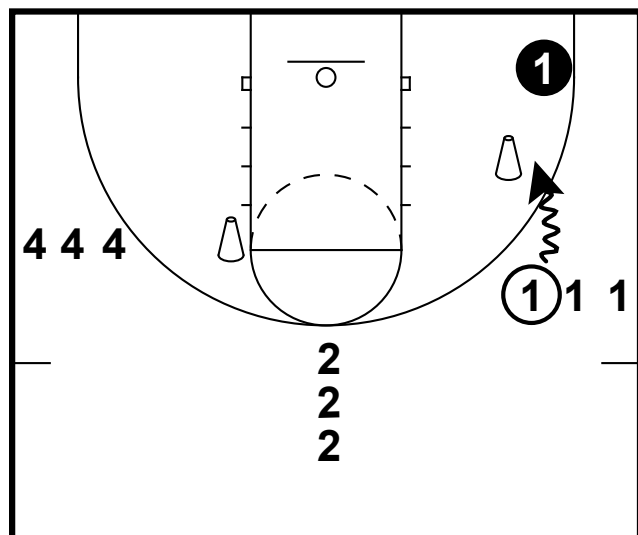
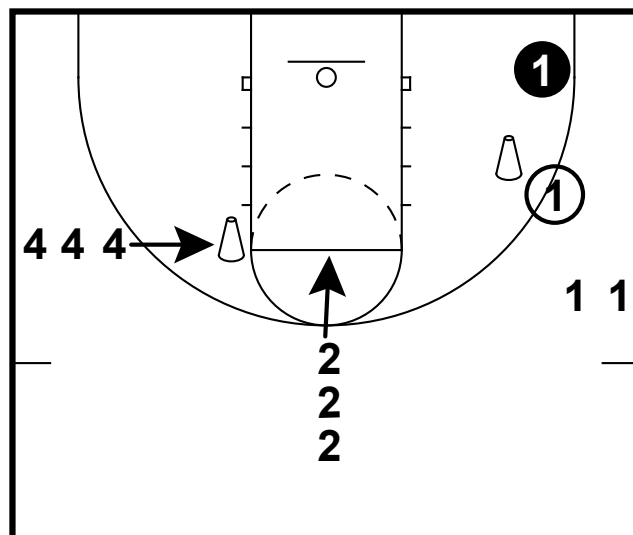


## COACHING DRILLS: 3/0 FLARE SCREEN



This 3 man drill should be ran with your whole team with players from all positions practicing all spots. This drills starts with the ball handler taking a dribble towards the baseline. Here in this diagram the ball handler takes a dribble towards the cone.

## COACHING DRILLS: 3/0 FLARE SCREEN

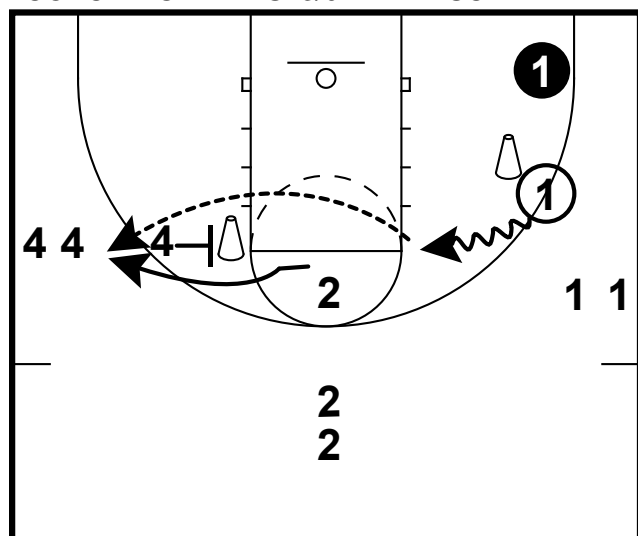


What should take place next is that the other two players should move into action.

-2 takes a step towards the rim to set up his cut. This is important to set up the defense - make the defender play honest.

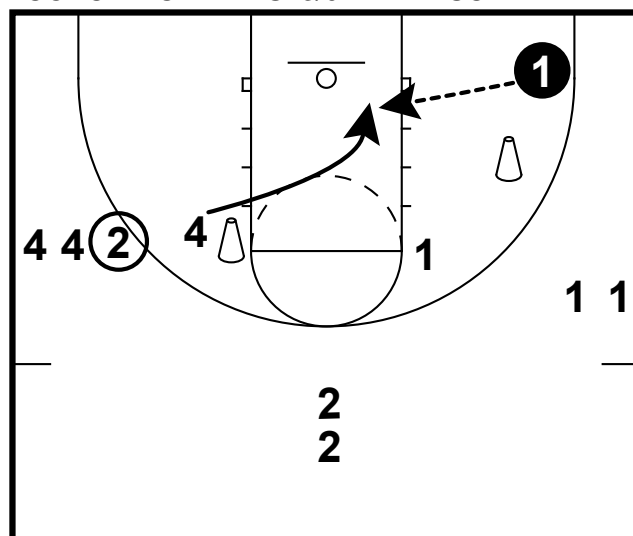
-4 moves towards the cone ready to set a screen. This is important because you want the screener to be set before the cut is made, to prevent an illegal screen.

## COACHING DRILLS: 3/0 FLARE SCREEN



Here the ball handler takes a dribble towards the **elbow** to make the pass. Here you want to make sure that the defense gives help slightly on this drive, which will open the skip pass to 2. Also this pass should be a two hand over head pass.

## COACHING DRILLS: 3/0 FLARE SCREEN



The last part of this drill is to get a **2nd cut** from the screener. Having a coach or a manager in this spot to make a pass should teach the concept of screen and slip or screen and make the 2nd cut.