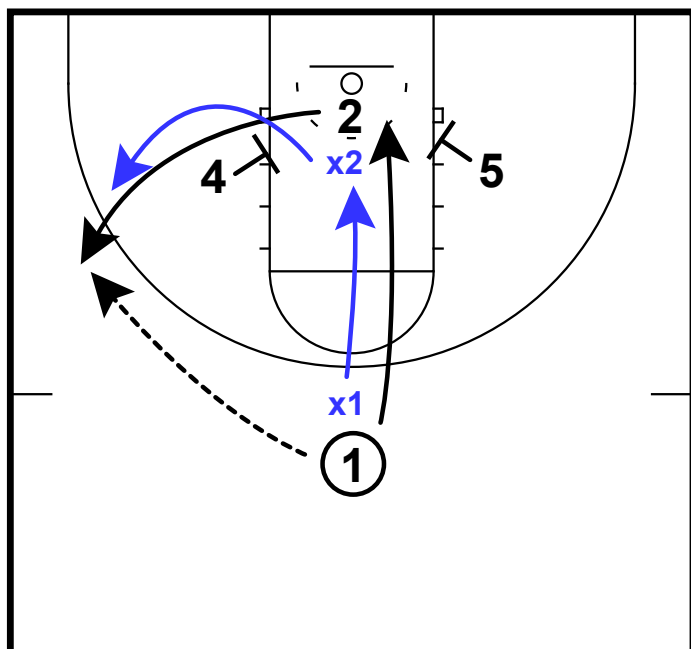
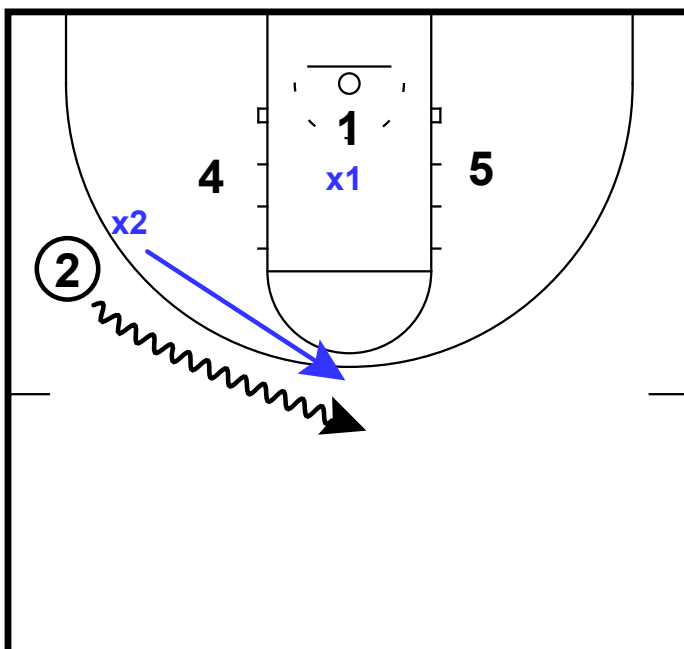


GET OPEN DRILL



This is a good drill that works on getting open by using screens, passing and catching. 1 is being pressured by his defender and the 2 is being denied by his man. 4 and 5 are the screeners. 2 will make the read off the screen. He can curl, flare or straight cut. When open the 1 will pass him the ball. 1 will get to the rim and become the receiver.

GET OPEN DRILL



2 dribbles up top and the drill continues. Make sure to use both sides of the floor. When the offense completes 5 passes in a row they become the defenders.