



In this drill X1 starts with the ball. X1 passes to X2. X2 passes to X3.

- X3 passes to 1.
- X1 sprints to closeout on 1.

X2 and X3 closeout as the all is swung to their man. X1 jumps to the ball as 1 passes to 2.

On 2 to 3 pass then X1 sprints to cover the midline.

Reverse the ball around the perimeter again and then the drill becomes live.