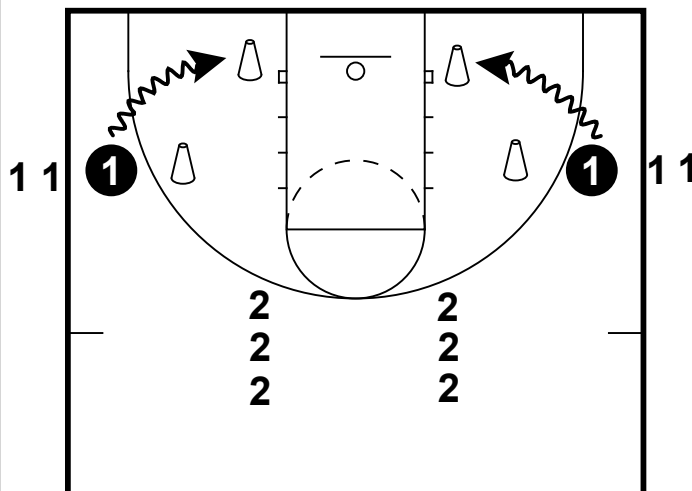


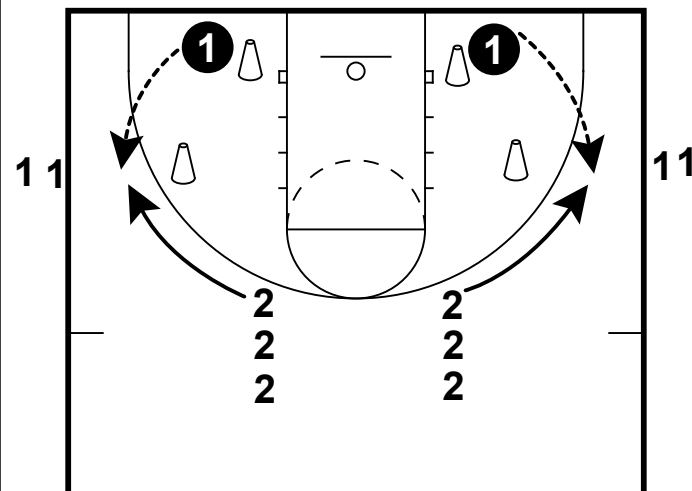
EBA Baseline Drive & Kick



Our second drill in our drive and kick series looks at movement and shots that you can practice off of a baseline drive.

\*\*In the first frames you can work both sides at the same time.\*\*

EBA Baseline Drive & Kick

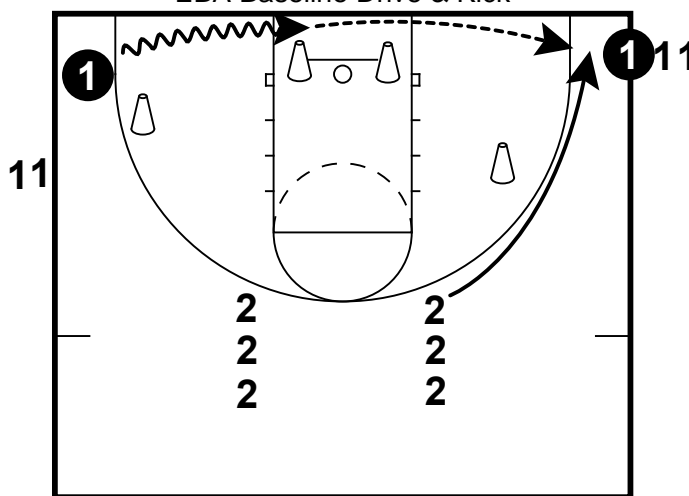


After the baseline drive is taken, you should simulate what would happen if the helpside comes to cut off the drive. You should teach the proper footwork and pivot to protect the basketball.

**\*\*Do not expose the ball to the defense.\*\***

The player on top should 'FILL' back behind the driver and prepare to shoot the ball from behind the arc.

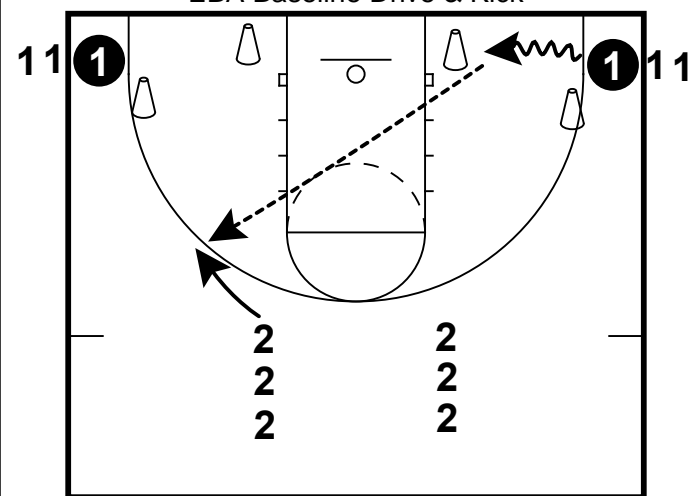
EBA Baseline Drive & Kick



In this frame we see what would happen if the ball handler drives baseline, but is pushed beneath the back board which prevents him/her from attempting a shot or a diagonal pass.

In this situation we teach a baseline 'DRIFT' where the opposite wing fills the corner and prepares for a shot.

EBA Baseline Drive & Kick



The last of our options off of a baseline drive is a diagonal pass. Here we teach the opposite player to yell 'SKIP' to alert the ball handler that he/she is open on the skip pass.

**\*\*More than likely, this will be open when the weakside defense has already 'covered down' to the weakside preventing a 'drift' pass\*\***