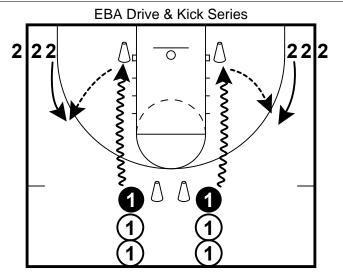
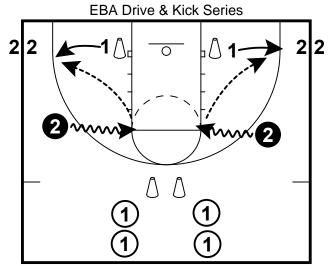


This is a drive and kick sequence that can be used in whole or in part. Usually what we do is use each action like a building block, which leads into the next.

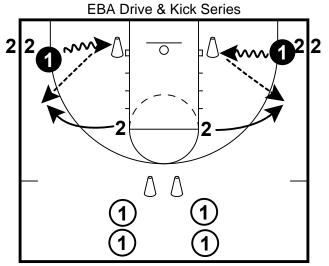
#1 Here is where you teach your players of attacking the lane and pitching to an open teammate in the corner. Dribbling **AND** Passing with the outside hand is our emphasis in this segment.



#2 The next building block is the penetrate and **FILL.** When the defense helps over, the shooter (2) will fill behind for the jumper. In both of these screens the shot should/could come on the pass.



#3 The next step here is attack the defense's momentum. 1 should play off of the dribble attack and space opposite. Here the elbow pass should be made with the outside hand.



#4 The final part of the progression is add a 3 pass. 1 will attack baseline and 2's proper movement here is to **FILL** behind once again.

\*\*\*Teach players to talk and communicate is important. Find short, quick terms to yell to communicate during the drills will help build cohesion and help elimate confusion\*\*\*