

# **MEYER BASKETBALL CAMP NOTES**

## **TEAM ATTITUDE**

### **A – Awareness and Communication**

- Have a clue about what is going on around you
- Know who you are and what your game is
- Talk to your teammates – on and off the court

### **T – Teachable**

- Ready and Willing to learn
- None of us have all the answers
- When the pupil is ready the teacher will appear
- Good players can take instruction; Great players can take it and learn
- So much of the game is mental

### **T – Tenacity**

- Stick to something
- Pit bull vs. a poodle

### **I – Intensity**

- Play Hard
- Concentrate on task at hand
- Biggest problem is people cannot produce without supervision
- Produce without Supervision!

### **T – Technique**

- Play Smart

### **U – Unselfish**

- Do something for someone with no expectation of repayment
- Hardest thing to become – Give your gift away

### **D – Discipline**

- Do the things no one wants to do
- The difference between being average and a champion

### **E – Effort + Execution = Excellence**

- Finish the play
- Be able to make a play

**What would the team be like, if everybody had my attitude?  
This week I will put my whole self in**

