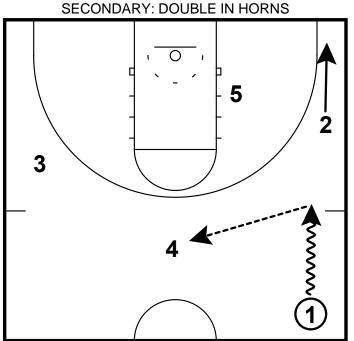
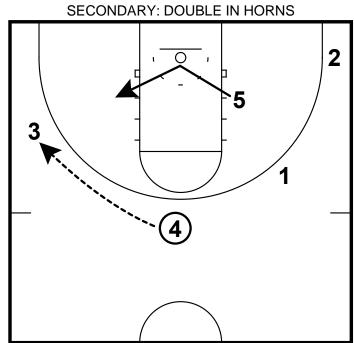
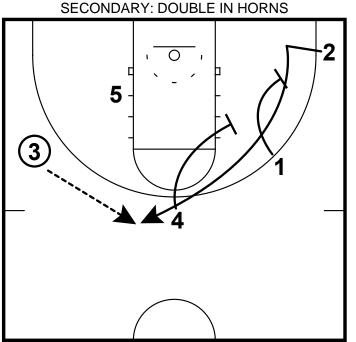
Coach Hemi



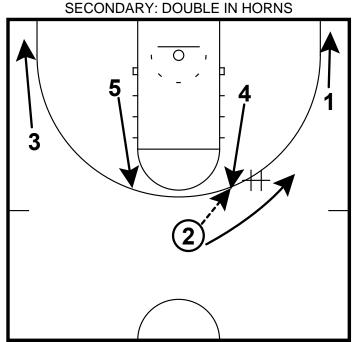
Running your break should be a primary part of how you teach the game in your offense. Having options out of the break is a good way to get action without having to call plays.



The simple reversal of the basketball makes sure that the defense shifts from side to side. It also sets up for the next set of action for your offense.

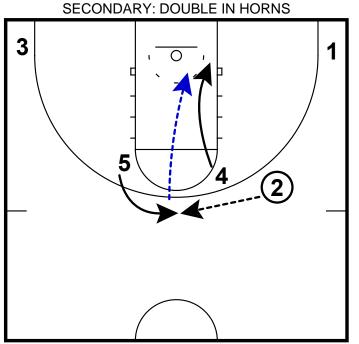


This option shows a double away. This is a common option out of the secondary action. This sets a two man game option on the ball side. Either a post feed or a ball screen can be given here. The double away should occupy the help.

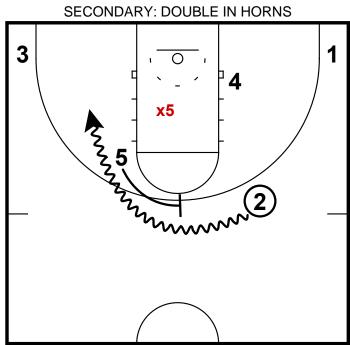


If the defense defends this well enough, you should have an action that you flow right into without having to call another "set." Here we look at a horns set with an elbow entry and handoff.

Coach Hemi



This could set up a possible hi-lo feed, especially if x4 gets out too high on the help.



Another option here is to get the opposite ball screen after the hand-off. This is especially effective if x5 has over helped on the 4 man diving.