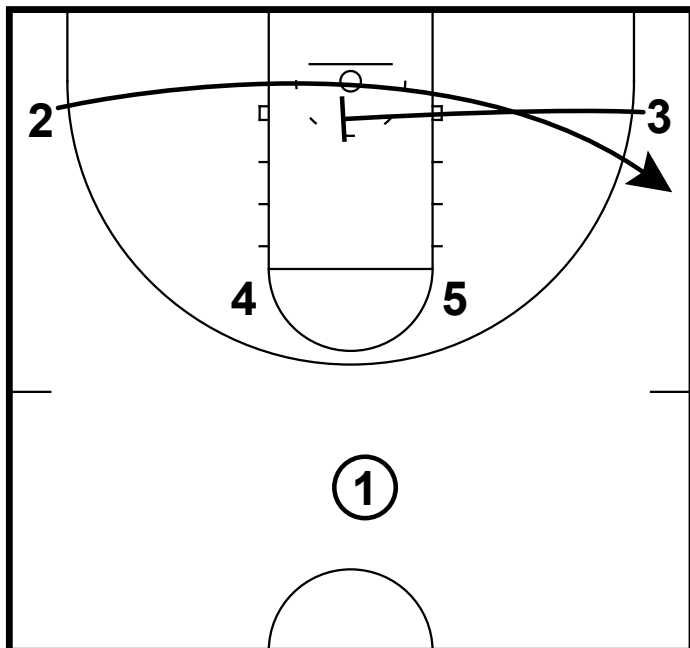


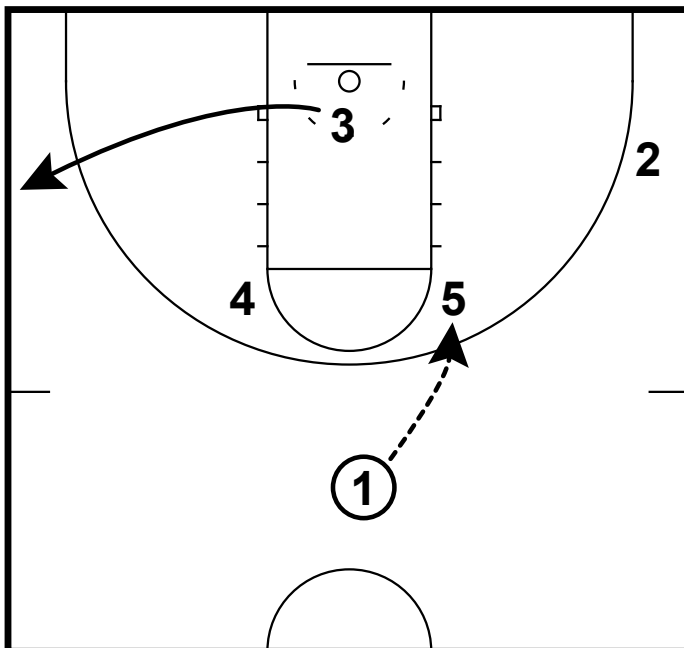
# Coach Hemi

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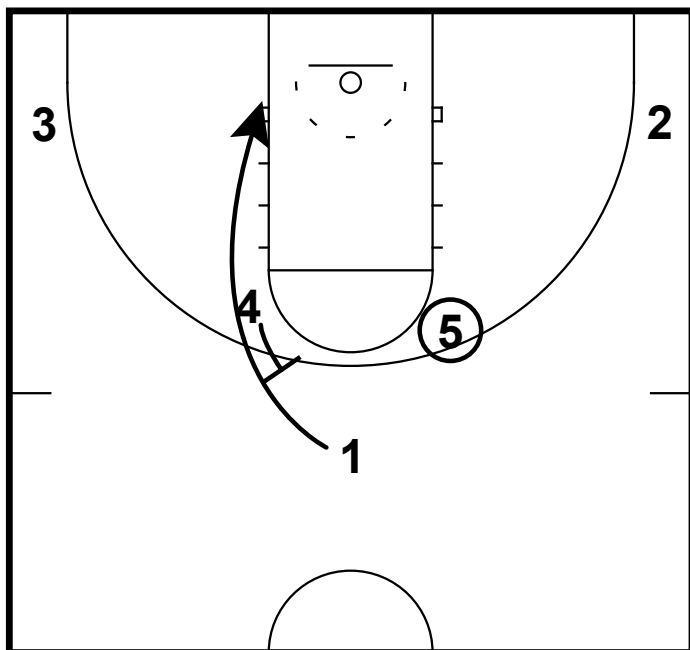
We start this offense with some baseline action. It is really a disctratory movement, however if ran correctly it could pop open a shooter or perhaps an easy post feed.

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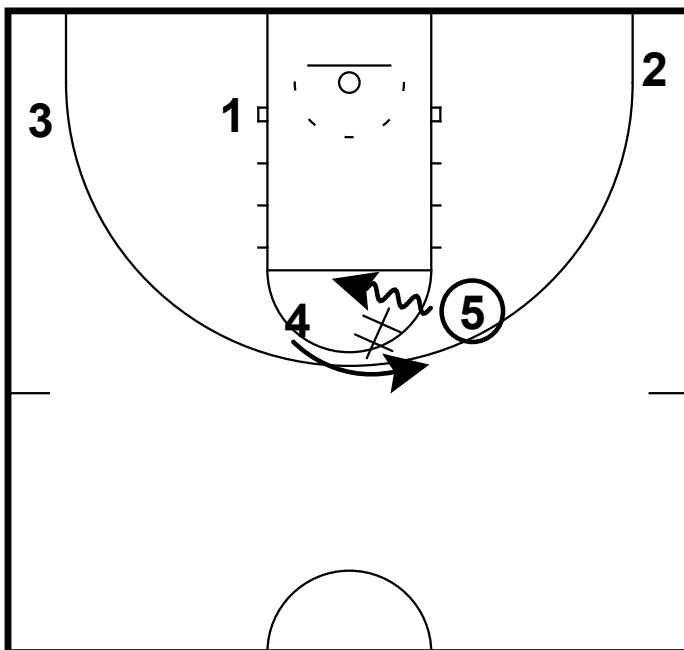
We want to initiate our offense by entering the ball into our post player around the elbow area.

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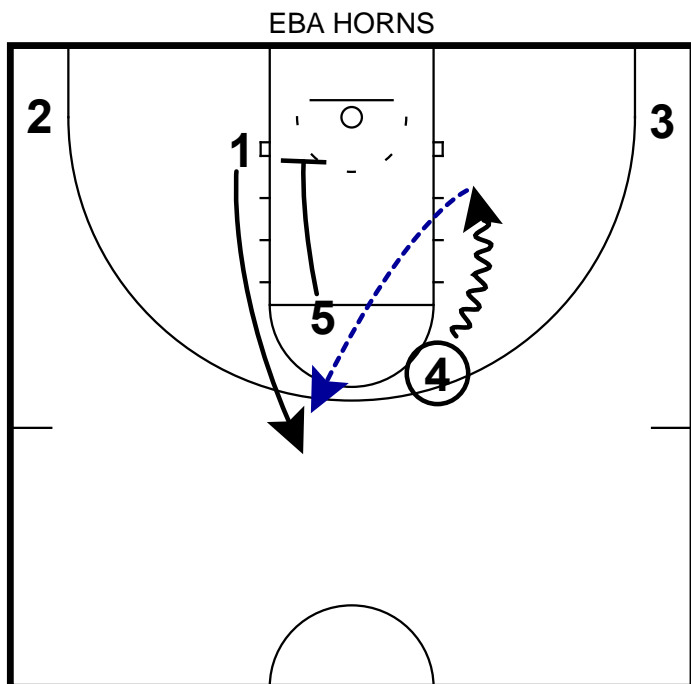
We then get a back screen for our PG from the opposite post player. What I like about this offense is that at this moment, all 5 players have been activated and moved in the half court.

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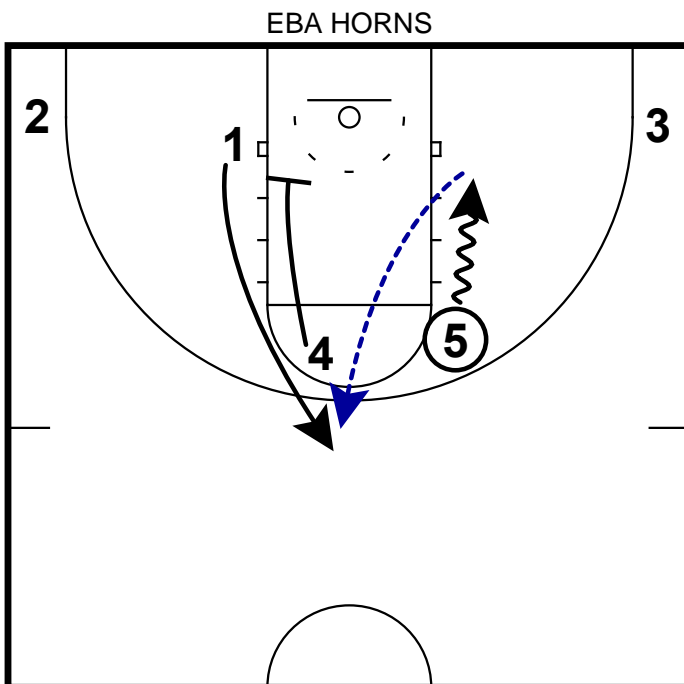


The first option we can look at here is a dribble handoff action from post to post.

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After the dribble handoff action, this opens up the middle of the floor for 4 to attack the rim. It also sets up a penetrate and pitch chance for the corner. Or when 5 sets a down screen for 1 in the middle of the floor, it can open up the PG at the top of the key for a shot.



An alternative action for this is to get the handoff action from 5 to 4, and simply have 4 re-screen for 1. 5 is free to create and find the open shooter in the corner, top of the key or finish at the basket.