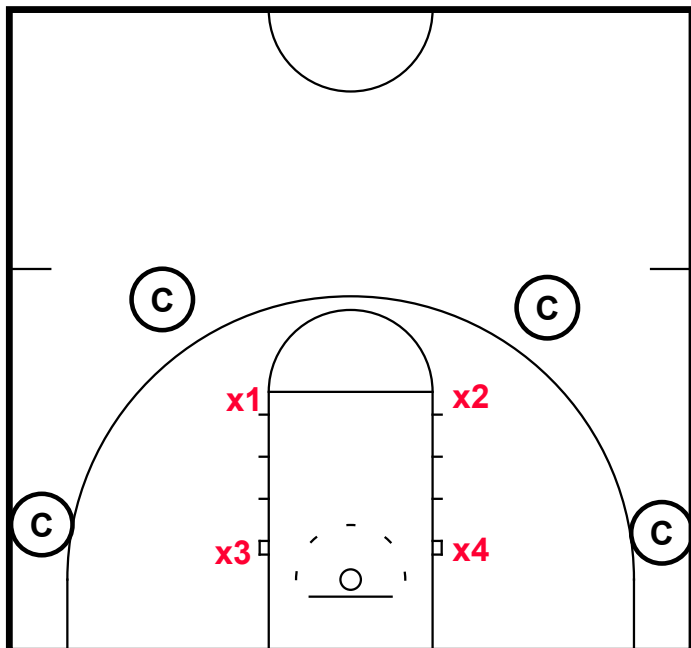


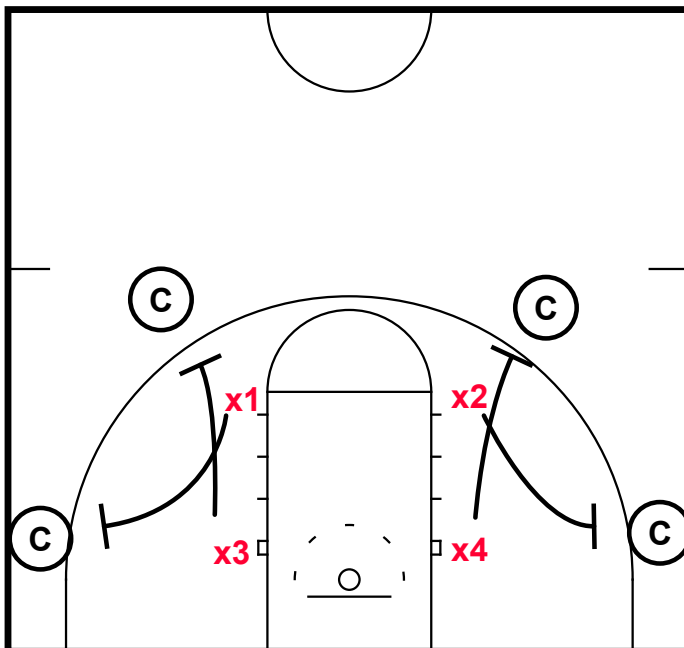
Coach Hemi

UGA SHELL CLOSEOUTS



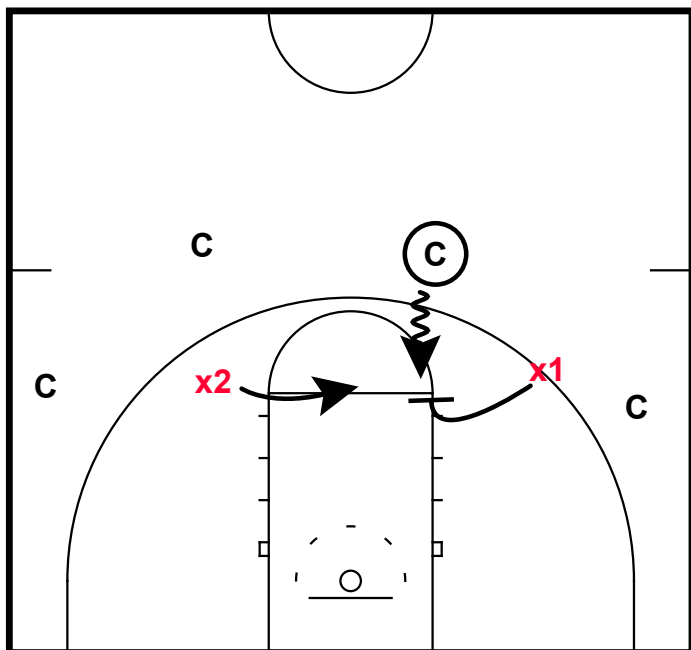
This drill takes a traditional close out drill and puts a slight twist on it.

UGA SHELL CLOSEOUTS



When the whistle is blown the players have to closeout on the offensive player in a different spot. They work on technique and closing out from different areas of the court.

UGA SHELL CLOSEOUTS

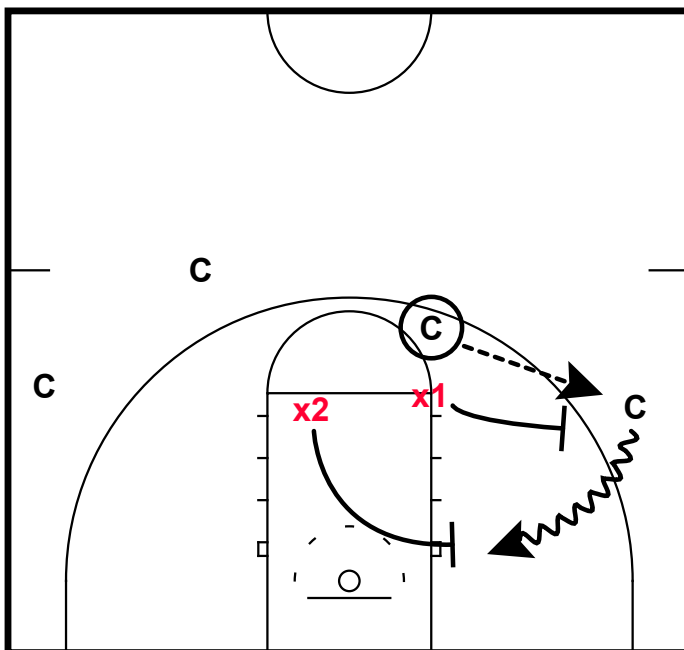


This is a help and recover drill in a 2/2 format. Although there are 4 offensive "players" on the court, they will work with one half of the court at a time.

x1 - works on denying in the passing lanes

x2 - is an off the ball defender.

UGA SHELL CLOSEOUTS



On the pass to the wing, x1 should close out and funnel the ball toward the baseline.

x2 is working on providing help.

This drill is played live and it is not finished until there is a block out and rebound.